



# Asthma in Kids

**Asthma is the most common chronic disease of childhood.**



In an average classroom of **30** kids,

about **3** have **asthma.**



About **4** in **10** children who wheeze when they get colds or respiratory infections will be **diagnosed with asthma.**

**An estimated 5 million children in the U.S. have asthma.**

Among all U.S. children, asthma affects about:



**11%** of all children living in poverty

**11%** of all boys ages 5-14

**14%** of all Black children

**Each year, children with poorly managed asthma have more than:**

**10 million** missed school days



**74,000** hospital stays



**767,000** trips to the emergency room



**Children with asthma may experience:**



Coughing



Wheezing



Chest tightness



Shortness of breath

**If your child has asthma...**

Work with their **healthcare provider** to:

- ✓ Develop an **asthma action plan**
- ✓ Identify and avoid **triggers**
- ✓ Take **medicines** as prescribed
- ✓ Watch for any **changes**

Share the **asthma action plan** with your child's caretakers and school.

*Your child can lead a full and active life with proper asthma management.*

