



The Lesson Plan for Healthy Homes in **4 EASY TIPS**

As families consider hybrid and alternative school schedules during the COVID-19 pandemic, time at home is only increasing. This school year, it's more important than ever to create a healthier home and involve children in learning more about safety and their environment.



1

Clean the air your family breathes

Concentrations of air pollutants are up to **5X HIGHER INDOORS^a**

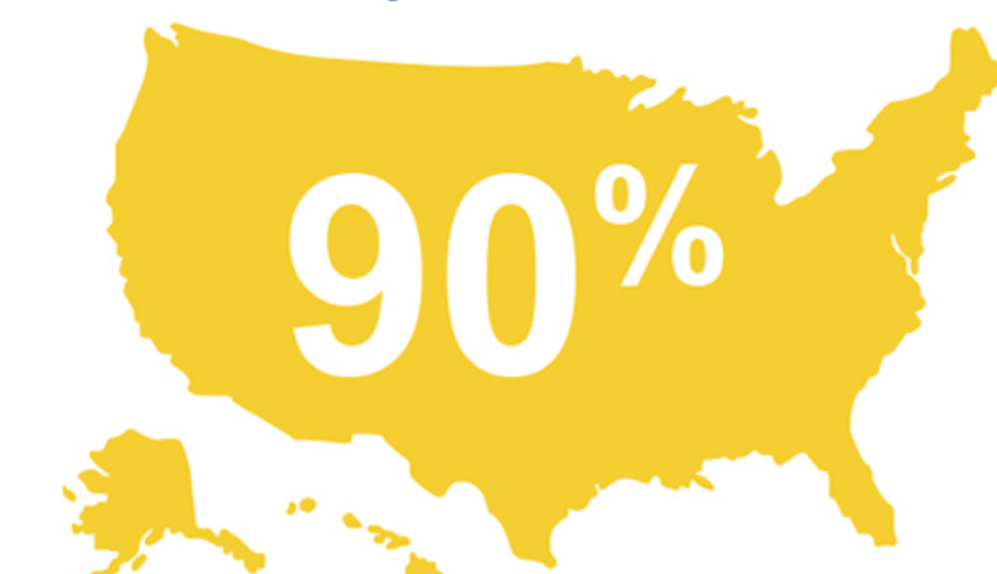


Consider a Carrier® Infinity® Air Purifier. It captures and kills **99% OF SELECT VIRUSES AND BACTERIA** from filtered air*

CHANGE AIR FILTERS

on a frequent basis

In the U.S., we spend



of our lives indoors^a

2

Install alarms for smoke and carbon monoxide, “the silent killer,” on every floor

Alarms alert you – loudly and quickly – in the event of a life-threatening situation

In the U.S., accidental carbon monoxide poisoning sends approximately **50,000 PEOPLE** to the emergency department each year^b



Install alarms with a **10-YEAR BATTERY** for less hassle

3

Round up matches and lighters

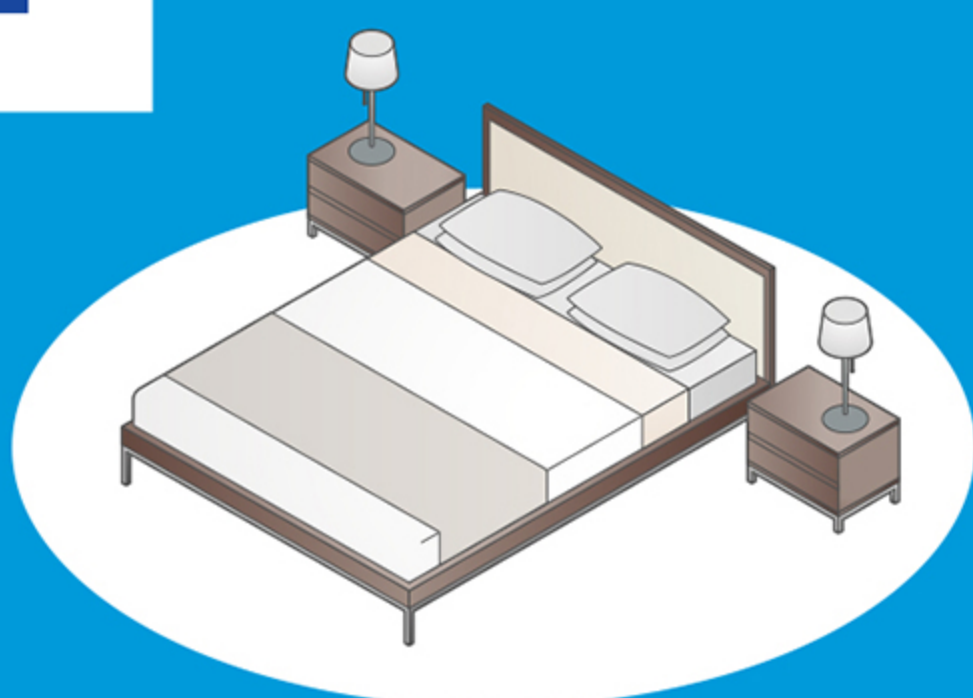
Playing with fire causes an average of nearly **50,000 FIRES ANNUALLY** with **76%** of home fires in the U.S. are attributed to kids under age 9^c

KEEP FIRE EXTINGUISHERS HANDY with at least one on every floor of the home



4

Create a restful – and healthier – bedroom



1/3 OF YOUR LIFE is spent in the bedroom^a

TARGET A ROOM TEMPERATURE OF 65-70 F and use a white noise device for uninterrupted sleep

HEALTHYHOMES

To learn more about how Carrier can enable safer, healthier homes, visit corporate.carrier.com/healthyhomes

^aHarvard T.H. Chan School of Public Health Homes for Health: 36 Expert Tips to Make Your Home a Healthier Home report; ^bCenters for Disease Control and Prevention; ^cNational Fire Prevention Association

*Based on third-party testing (2012, 2007) showing >99% inactivation rate for common cold surrogate, Streptococcus pyogenes and human influenza. Not tested for the novel coronavirus (SARSCoV-2) that causes COVID-19.