

15 Million Ways to

# Celebrate

National Salad Month!

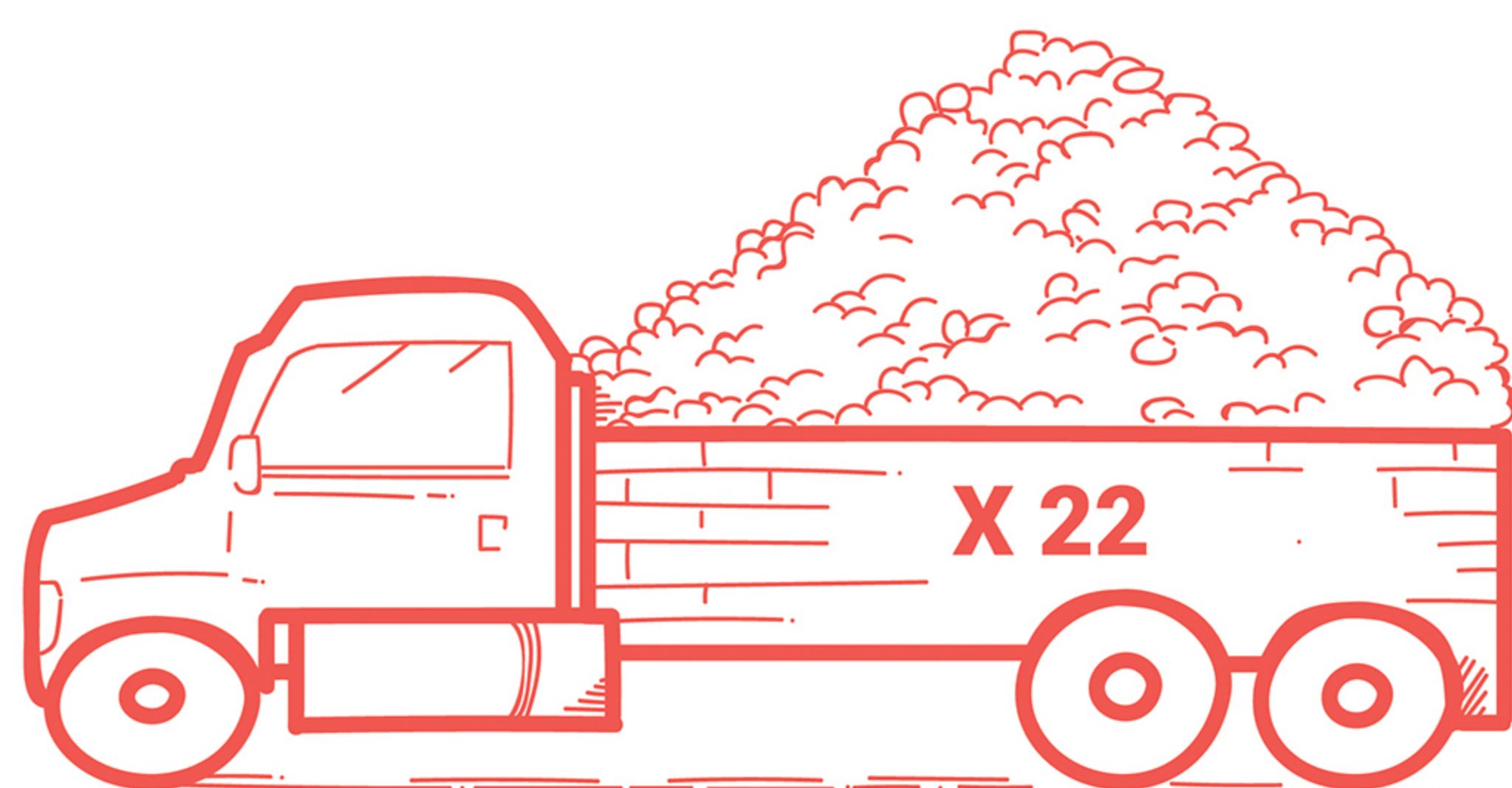
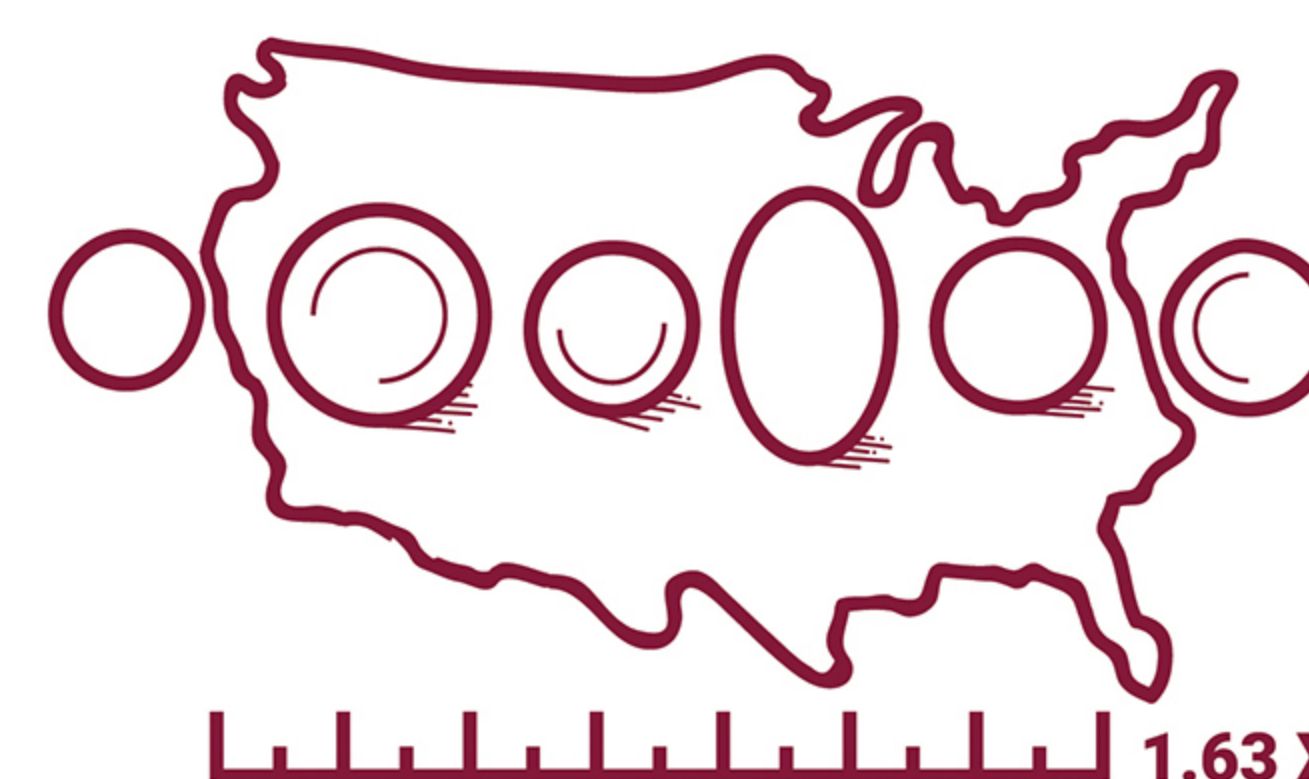
## May is National Salad Month and we're celebrating at Souplantation and Sweet Tomatoes!

Would you believe there are over 15 million ways to create a salad at Souplantation and Sweet Tomatoes' 50-foot salad bar? With fruits and veggies of every color in the rainbow and ingredients that are packed with protein and fiber, no two salads will ever be the same. Keep reading to find out more fun facts you didn't know about your favorite soup and salad restaurant.

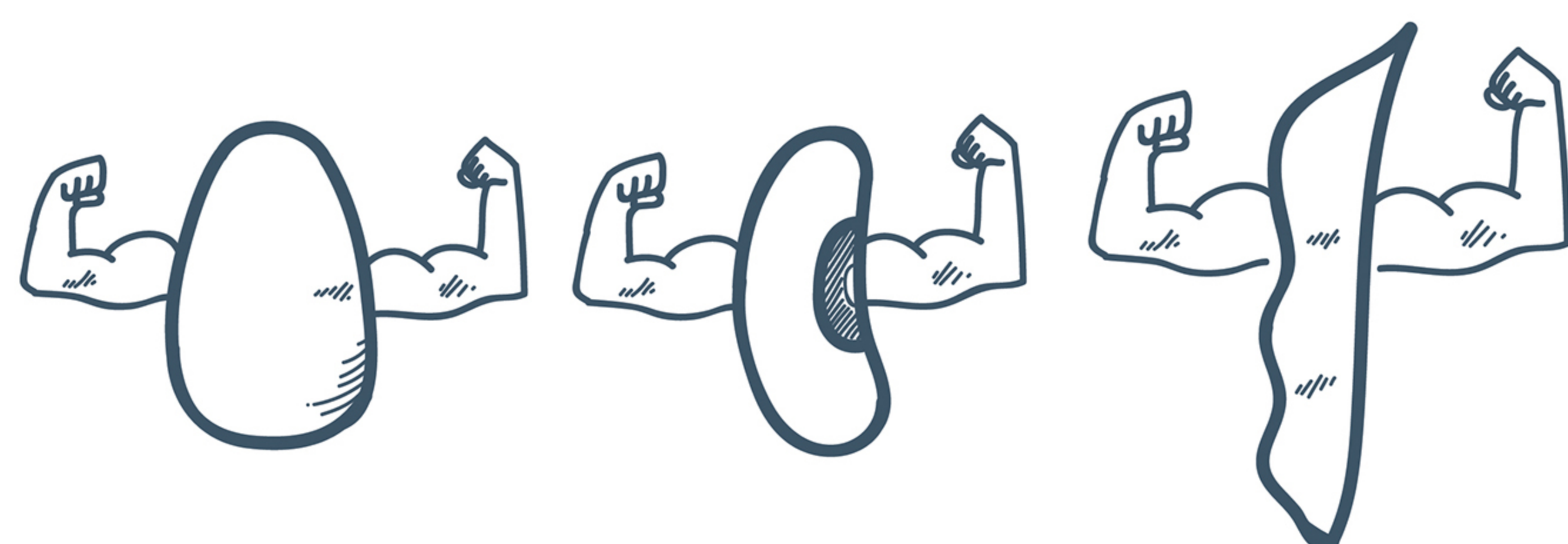
With **43 ingredients** packed into the **50-foot salad bar** at Souplantation and Sweet Tomatoes, there are over **15 million ways** to create a one-of-a-kind salad! That'd take you **13,699 years** to eat every salad combination.



More than **23.7 million salads** are created at our restaurants every year. If you lined all those plates up side by side, it would stretch across the United States **1.63 times!**



No surprise that our guests love **tomatoes**. They consume **1.1 million pounds** each year... that's **22 truckloads** of tomatoes!



The most **protein-packed ingredients** on our salad bar are **black beans, hard boiled eggs, edamame** and **kidney beans**.



To build a salad, first you start with... **lettuce!** **4 million pounds** of lettuce are consumed by guests each year. That could fill **8,000 canoes!**

### Guest Favorites:

- Romaine
- Spinach
- Spring Mix



**Cheese** is a favorite addition to any salad. Our guests prefer **cheddar cheese** to any other and consume **514,000 pounds** each year. That's enough to make more than **4 million bowls** of mac and cheese!

Finally, what's a salad without **dressing**? Our restaurants use around **471,807 gallons** each year, which could fill up your average backyard swimming pool **19 times**.

### Guest Favorites:

- Ranch
- Blue Cheese
- Thousand Island
- Fat Free Ranch
- Balsamic

