



Are you overfeeding your pet?

Treats should be limited to no more than 10% of the recommended total daily calorie intake. Seemingly small treats that you give to your dog at the table can in fact turn out to be the equivalent of a sizable meal. If these are not included in your calculations of your dog’s daily food ration, there is a serious risk of causing obesity. **Remember to adjust the daily food intake accordingly; no more than 10% of calories should be from treats.** *Nutrition information is based on popular name brands.*

DOGS

| | Food | Quantity | Calories | Excess Caloric Intake (%) ¹ | Equivalent in Doughnuts for Humans ³ |
|---|--------------------|-----------------|----------|--|--|
|  | Ham | 2 oz (2 Slices) | 70 | 11% | 2 DOUGHNUTS  |
|  | Bacon Strip Treats | 3 oz | 297 | 45% | 4 DOUGHNUTS  |
|  | Rawhide Bone | 6.7 oz | 664 | 100% | 10 DOUGHNUTS  |

CATS

| | Food | Quantity | Calories | Excess Caloric Intake (%) ² | Equivalent in Doughnuts for Humans ³ |
|---|---------------------|-----------|----------|--|---|
|  | Feline Mixed Treats | 10 Pieces | 7.9 | 6% | 1 DOUGHNUT  |
|  | Salmon | 2.2 oz | 70 | 49% | 5 DOUGHNUTS  |
|  | Tuna | 2 oz | 80 | 56% | 6 DOUGHNUTS  |

1. % of daily energy intake recommended for a 20 kg (44 lb) dog. 2. % of daily energy intake recommended for a 4 kg (8.8 lb) cat. 3. Equivalent number of 200-calorie doughnuts for a person on a 2,000-calorie diet. Treats’ caloric values derived from commonly searched internet resources. For exact caloric calculation, please consult your veterinarian.

